



careergasm

[www.careergasm.com](http://www.careergasm.com)

**SELF-HELPHY  
CAREER-ISH  
BOOKS THAT  
WILL HELP  
YOU GET OUT  
OF YOUR OWN  
DAMN WAY**

Remember my oddball ability to recommend exactly the right book to the right person at the right time? Let's put it to use!

I just know there are some juicy take-aways for you in the following books. Not a single one of them is a straight up career book. They're career-ish, and they have just as much to do with personal growth as they do professional development, sometimes more. That's a perfect combo, if you ask me. If you read one and love it, pass it on. This stuff is too good not to share.

### **Steering by Starlight: The Science and Magic of Finding Your Destiny**

*By Martha Beck*

Martha Beck may be the wisest and kindest woman on the planet. She is the reason I'm a coach. Give her all of your money and do everything she says. Start with this book. It teaches you how to get in touch with your intuition so that you can use it to navigate your best life.

### **The Martha Beck Collection: Essays for Creating Your Right Life**

*By Martha Beck*

Do you love *O, The Oprah Magazine* as much as I do?! This is a collection of Martha's articles from the magazine. Pure gold.

### **The Fire Starter Sessions: A Soulful + Practical Guide to Creating Success on Your Own Terms**

*By Danielle LaPorte*

These are "straight-talking sermons" about ambition and desire that have a spiritual and poetic vibe. If you want to get really clear on what you want and how to do it right, read this. Amazing for aspiring entrepreneurs.

## **The Desire Map: A Guide to Creating Goals With Soul**

*By Danielle LaPorte*

This is THE number one book I recommend to people. Danielle's take on channelling desire and setting feel-good goals was a game changer for me. Please read this book. You won't regret it.

## **The War of Art: Break Through the Blocks and Win Your Inner Creative Battles**

*By Steven Pressfield*

This book is all about resistance, and the idea that we often resist the thing we want most. That rings true for me. If it rings true for you too, read the book.

## **Ignore Everybody: and 39 Other Keys to Creativity**

*By Hugh MacLeod*

When I grow up I want to be Hugh MacLeod. His kind and colourful and no bullshit style of writing is both disarming and wise. So are his cartoon illustrations.

## **Evil Plans: Having Fun on the Road to World Domination**

*By Hugh MacLeod*

YES! Isn't this what we all want?! Truthfully, this book has nothing to do with world domination and everything to do with creating fun at work. This is a standing ovation kind of book.

## **Steal Like an Artist: 10 Things Nobody Told You About Being Creative**

*By Austin Kleon*

This isn't just about creativity. It's also about authenticity. It's a quick and delicious read with lots of inspirational nuggets for people who want to be fully themselves in their work.

## **Show Your Work!: 10 Ways to Share Your Creativity and Get Discovered**

*By Austin Kleon*

Again, not just for creatives. This book is about mustering the guts to show people who you really are and put yourself out there...because amazing things will happen when you do that. Trust me.

## **The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are**

*By Brené Brown*

As you now know, one of my biggest hang-ups was (ahem, is) overcoming perfectionism and approval-seeking. If that sounds like you too, read this book.

## **F\*ck! I'm in My Twenties**

*By Emma Koenig*

Emma Koenig writes and illustrates about what she calls the "WTF-ness" of feeling lost in your twenties, but this book speaks to anyone in transition at any age. Plus, it includes F-bombs and relatable wisdom in equal amounts. I dig that in a book.

## **V is for Vulnerable: Life Outside the Comfort Zone**

*By Seth Godin, Illustrations by Hugh McLeod*

This is an ABC picture book for grown-ups, but don't let that fool you. There's deep and powerful stuff here.

*Happy reading!*

*xo Sarah*

# WANT MORE?

Come and visit!

You can find me at [www.careergasm.com](http://www.careergasm.com)  
where more career goodies await.

*xo Sarah*